

Some Jewish Sabbath Prayers

from Appendix A in Sabbath Keeping by Lynn M. Baab

When Lighting Candles

Blessed are you, Lord our God, King of the universe, who has set us apart by his commandments and commanded us to kindle the sabbath lights.

Blessings Over The Wine Or Juice

Blessed are you, Lord, God of all creation, creator of the fruit of the vine. Blessed are you, Lord, God of all creation, you have taught us the way of holiness through your commandments and have granted us your favor and given us your holy sabbath as an inheritance. This day is a memorial of Creation. It is a memorial of the breaking of the bonds of slavery and sin and death. Blessed are you, O Lord; you make holy the sabbath day.

Blessing Over The Bread

Blessed are you, Lord, God of all creation, you bring forth bread from the earth.

Grace After The Meal

Blessed are you, Lord our God, King of the universe, who fills the entire world in his goodness- with love, kindness, and mercy. He gives food to all people, because his kindness lasts forever. May the merciful God let us inherit the sabbath of the world to come, which will be a complete day of rest forever.